

BYU Nutrition App

To see allergens, nutrition information, and ingredient lists for foods served on campus, follow these steps.

1. Open the MyBYU App



2. Add and launch the Dining Feature



3. Select the restaurant you want to learn more about and pick "Nutrition Info"



4. Select the date and meal



5. Tap on an item from the menu to see more info



6. Use the Filters to refine your options

